**Kalliopi Karatzi, MSc, PhD**

Assistant Professor of Clinical Counselling and Dietary Behaviour

Dr Karatzi is an Assistant Professor of Clinical Counselling and Dietary Behaviour at the Laboratory of Dietetics and Quality of Life, Department of Food Science and Human Nutrition, Agricultural University of Athens. She is also a research associate at the Cardiovascular Prevention & Research Unit in the Clinic-Laboratory of Pathophysiology at the Medical School of the National & Kapodistrian University of Athens, also at the Vascular Laboratory of the Department of Clinical Therapeutics at Alexandra University Hospital in Athens, and at the Cardiovascular Research Laboratory of the 1st Department of Propaedeutic and Internal Medicine in Athens University Medical School. She has also collaborated with the Institute of Cardiovascular Research of the Department of Internal Medicine at the University of Maastricht (the Netherlands) and at INSERM, Paris.

Dr Kalliopi Karatzi was awarded a BSC Degree in Dietetics and Nutrition Science, a MSc in Applied Dietetics and a PhD from Harokopio University Athens. From 2006 till 2020 she was an elected research and teaching staff of Harokopio University, and she has lectured undergraduate and graduate courses in Nutrition, and Dietetics in both Athens Medical School and Harokopio University for more than 19 years. She was also an external associate of the European University of Cyprus.

She was an elected member of the working group: “Lifestyle, psychosocial factors and atherosclerosis” of the Hellenic Society of Atherosclerosis and an elected member of the working group: “aorta and peripheral vessels” of the Hellenic Society of Cardiology.

Her research interests focus on the role of dietary behaviour in health and the effectiveness of clinical counselling in the prevention of chronic diseases. She has also studied the association of diet and lifestyle on vascular function. Finally, she is investigating childhood obesity and dietary and lifestyle determinants of childhood hypertension. She has participated as a senior researcher in many National and European research programs such as the "Preclinical Athersclerosis in Chronic Disease with Inflammation (ACDI study), the Healthy Growth Study, FP7: ToyBox-study, the HORIZON 2020 Feel4Diabetes-study and the HORIZON 2020 GATEKEEPER study.

She is an author of >80 scientific publications in peer-reviewed journals and of many chapters in scientific books. She has also participated in the writing of academic textbooks and has contributed to the scientific editing & translation of 2 scientific books related to dietary counselling and phycology of eating. She is a reviewer for over 20 peer-reviewed journals in the field of Nutrition and Medicine, and a member of the editorial board of 3 journals. She has also served as an invited guest editor in 2 special issues in “Nutrients”. Her H-index in Google scholar is 25.

Google scholar: <https://scholar.google.com/citations?hl=en&user=VVB0fbcAAAAJ>

Scopus: <https://www.scopus.com/authid/detail.uri?authorId=8106221800>